

YOU ARE SCHEDULED TO HAVE A GENERAL ANESTHETIC
FOR YOUR SAFETY AND COMFORT
PLEASE FOLLOW THESE INSTRUCTIONS

1. Do not eat or drink anything for 8 hours prior to your surgery. If your appointment is between 7 a.m. and 12 p.m. you should have nothing to eat or drink after midnight the evening prior to your surgery.
EXCEPTION: Regular morning medications should be taken with only a sip of water the day of the surgery.
2. During general anesthesia we monitor your vital signs for your safety. We must be able to listen to your heart and lungs while you are asleep. Please wear a loose-fitting short sleeve garment that can be opened in the front.
3. Please wear closed-toe shoes. Flip flops and other open-toe shoes are not permitted.
4. You must have a responsible adult with a driver's license accompany you to the office and they must stay in the office while you are being treated. **You will NOT be allowed to drive yourself or get into a bus or car service (e.g., Uber, Lyft, etc.) after surgery.** Postoperatively, they will sit with you in the recovery area and drive you home. Once home, bed rest with supervision is required for the remainder of the day.
5. Minors must have written consent from legal parent or legal guardian.
6. Patients and their rides should plan to be in our office for approximately 2 hours.
7. Please remove all make-up & fingernail polish before coming to the office.
8. If you have a cold, flu, or productive cough please notify our office as soon as possible prior to your surgery date.
9. This time has been reserved for you. If you are unable to keep your appointment, please call the office to give a notice of at least 2 business days.

APPT: _____
 DAY MONTH DATE AT A.M / P.M

OUR FEE OF \$_____ IS DUE AT THE TIME OF SURGERY.

SIGNATURE _____ DATE _____

PLEASE CALL IF YOU HAVE ANY QUESTIONS

Southpoint 737-6733	Mandarin 886-4558	Ponte Vedra Beach 280-4006	St. Johns Bluff Road 724-5020	Orange Park 276-0200
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